

Grief information session



Thursday 6th
February 2025
1-2pm on
Teams.

**Have you lost someone you love?
Relationship breakdown?
Child left home?
New long term health diagnosis?**

We at Sandhills PCN are hosting an online session designed to give information about grief, how it affects us and what we can do about it.

If you feel you would benefit from some information and tips and would like to attend please email at blmkicb.sandhillspcn.carecoordinator@nhs.net

You will receive a link to join the meeting 24 hours in advance.